CARE Chronobiology Conference 18 November 2019: Timetable with Program Elements

Local time	Local Program	Eastern Program	Western Program
9:45	Welcome	Welcome (17:45)	
10:00	Virtual Posters	Virtual Posters (18:00)	
12:00	Welcome	Welcome (20:00)	
12:15	3 Short talks	3 Short talks (20:15)	
13:45	Coffee break	Coffee break	Welcome
14:00	Plenary lecture	Plenary lecture (22:00)	Plenary lecture (8:00)
15:15	Coffee break	Farewell message (23:15)	Coffee break (9:15)
15:30	3 Short talks		3 Short talks (11:30)
17:00	Virtual Posters		Virtual Posters (13:00)
19:00	Farewell message		Farewell message (15:00)
	Networking Party		

Program Elements:

Welcome: Opening the conference for the people joining at various stages (due to geographical location (time zone) or interest in certain program elements). ‚Welcome' includes greeting the hubs individually, introducing the format and philosophy of the conference and acknowledging the sponsors.

Virtual Posters: This is a value-added element intended mainly but not exclusively for the participants who will be participating via one-way broadcast. Many of these attendees will be students and PostDocs and for them meetings are important for feedback and networking. To this end, we will assemble a panel of senior scientists on location in Munich who will interact with those hubs chosen to present posters via a YouTube Channel or Google Hangout/Chat. Students will present their posters virtually and the panel will give feedback. Obviously each presenter will be introduced to the entire panel.

Short Talks: These are essentially what make up most talks at most conferences. Scientists will give a 20 minute talk on exciting, unpublished research followed by 10 minutes of discussion. Questions and discussion points will come from 1/ the live audience 2/ the interactive hubs and 3/ from the non-interactive hubs via Twitter (using a dedicated hashtag and including a picture of self when asking the question. The topics of the talks may be general (all of chronobiology) or they may be selected to amplify a theme that is featured in the Plenary lecture.

Plenary Lecture: A ‚famous' scholar will be invited to give a plenary lecture of about 45 minutes. The speaker is chosen so as to have broad appeal to a local audience as well as the virtual one. This speaker should be encouraged to present something novel that may not be known from other conferences.

Coffee Break: For most attendees, these are traditional coffee breaks. A chance to refresh, move, have short discussions. In the lecture hall, we will use these intervals to welcome and say farewell to virtual participants.

Farewell Message: This opportunity will be used to congratulate all participants and to encourage feedback such that the conference format can improve. Sponsors will be acknowledged.

Networking Party: For the live audience, an evening event is planned. A main benefit of any conference is networking. As motivation to local participants, we plan an attractive evening event including a buffet, relatively quiet places for discussion and possibly an entertainment corner (Science storytelling, music, etc.).